

Country Meadows Village

Seasonal Dining

•LEAFY GREENS•

Spinach Strawberry Salad

Fresh Spinach Topped with Feta Cheese and Walnuts
With a Raspberry Balsamic Vinaigrette Dressing

Classic Garden Salad (♥) (V) (DF) (GF)

Crispy Lettuce with Cherry Tomatoes, Cucumbers, Carrots,
and Radishes, with Your Choice of Dressing

•SMALL PLATES•

Chef's Seasonal Soup
Cuban Pulled Pork Slider

Parmesan Chicken Tenders & Marinara
Maryland Crab Cakes with Lemon Aioli

•BIG PLATES•

Chili Lime Shrimp Fajitas

Served in a Flour Tortilla with Cheddar
Cheese, Lettuce, Tomatoes, Sour Cream,
and Cilantro, with Spanish Style Rice

Italian Sausage

With Peppers and Onions, Served
Over Herbed Asiago Polenta

Braised Beef Ragout

Served Over Pasta Ribbons
and Parmigiano Reggiano

•CLASSICS•

From the Grill

Chef's Choice Steak, Grilled Chicken
Breast, Hamburger, Hot Dog, or
Bacon & Eggs With Choice of Side

Open-Faced Patty Melt

Served with Onion Gravy & Whipped
Potatoes, and Buttered Corn

St. Louis Style BBQ Pork Ribs

Served with Mac 'n' Cheese
and Braised Swiss Chard

•CREATE A PLATE•

Feel free to choose from the above menu items and create
your own custom plate to your liking

~ See reverse for this week's Special Chef Creations, Sandwich Shop, and Sweet Endings ~

(♥) Heart Healthy

(V) Vegetarian

(DF) Dairy Free

(GF) Gluten Free

Weekly Chef's Creations

July 4 - July 10

•BIG PLATES•

Chef's Weekly Catch

Fried Oysters & French Fries

Featured Entree

Ask your server for today's featured entree.

•THE SANDWICH SHOP•

~ Choose a Whole Sandwich, or a Half Sandwich with a Cup of Soup ~

Egg Salad Wrap

Housemade Egg Salad, Bacon, Spinach, Cheddar Cheese in a Spinach Wrap.
Served with Sweet Potato Fries

Meat

Turkey, Roast Beef,
Ham, & Tuna Salad

Cheese

Cheddar, American,
Swiss, & Provolone

Bread

Sourdough, Rye,
Wheat, & White

Ask your server about or NO Gluten Added Options*

•SWEET ENDINGS•

Ask your sever for the desserts being offered.

Sugar-Free options are availabe upon request

Fresh Seasonal Fruit Plate

Ask Your Server for Today's Ice Cream Selections

Country Meadows

VILLAGE

Retirement Living at its Best

Daily Featured Entrée

Week of July 4 through July 10, 2021

CATCH OF THE WEEK: Fried Oysters & French Fries

SUNDAY

ENTRÉE: FOURTH OF JULY MENU

MONDAY

ENTRÉE: Three Cheese Tortellini with Marinara Sauce & Garlic Toast

VEGGIES: SAUTÉED ZUCCHINI

SOUP: Italian Creamy Beef **OR** Chef's Choice

TUESDAY

ENTRÉE: Chicken Caesar Salad

VEGGIES: STEAMED BABY CARROTS

SOUP: BBQ Pork & Beans **OR** Chef's Choice

WEDNESDAY

ENTRÉE: Lemon Garlic Butter Pork Chops & Herb Roasted Potatoes

VEGGIES: SAUTÉED APPLES & CABBAGE

SOUP : Beef Vegetable **OR** Chef's Choice

THURSDAY

ENTRÉE: Italian Meatloaf & Spaghetti

VEGGIES: BALSAMIC MUSHROOMS

SOUP: Italian Minestrone **OR** Chef's Choice

FRIDAY

ENTRÉE: Southern Shrimp & Cheese Grits

VEGGIES: ROASTED ASPARAGUS

SOUP: New England Clam Chowder **OR** Chef's Choice

SATURDAY

ENTRÉE: Chicken Fried Steak, Parsley Mashed Potatoes & Gravy

VEGGIES: STEAMED GREEN BEANS

SOUP: Veggies Lentils **OR** Chef's Choice