

## Calendar Key

### 1st Floor

- AL Alcoves
- AR Activity Room
- CA Café
- FD Front Desk
- LB Library/ Lobby

### 2nd Floor

- AK Activities Kitchen
- BR Billiards Room
- CH Chapel
- CR Card Room/Puzzles
- MR Meditation Room
- TR Theater Room

### 3rd Floor

- DR Dining Room



## Prize Bingo

May 9th

2:30pm

Activity Room

No Money or Signup Required

# Meadowlark

THE NEWSLETTER FOR  
COUNTRY MEADOWS VILLAGE

## Highlights

- Mary's Brain Class
- Ted's Mobility
- Pet Social (ALF Courtside)
- May Resident Meeting
- Trip: Country Cottage (Woodburn)
- Cinco De Mayo Party w/Cosecha Mestiza Dancers
- Lorna's Glass Class
- Prize Bingo
- First Class Screening in Room
- Trip: The Old Spaghetti Factory (Sherwood)
- Posey Pat's Craft Class
- Trip: Sandee Thai Restaurant (Keizer)
- Music: Mary Jazz
- Trip: United Methodist Church (Conchords Chorale -Spring Program)
- Cindy Allen Paint Class
- Shred Hour
- Trip: Rout 99 (Brooks)
- Chef's Meeting

## Happy Mother's Day!

You're so many things to so many people.

And today, you're celebrated for the beautiful person you are.

## THINGS TO NOTE!

### SHOPPING

TRANSPORTATION TO LOCAL SHOPPING STORES ARE MONDAY TO SAFEWAY & BI-MART FROM 10-11 AM & THURSDAY TO WALMART & WALGREENS FROM 1-2 PM. MUST SIGN UP IN THE LIBRARY.

### DOCTOR TRANSPORTATION

TRANSPORTATION TO LOCAL MEDICAL APPOINTMENTS ARE OFFERED EVERY TUESDAY.

SALEM/KEIZER APPOINTMENTS FROM 9AM-10:30AM

WILSONVILLE/TUALATIN APPOINTMENTS FROM 1PM-2:30PM

WOODBURN APPOINTMENTS FROM 9AM-2:30PM

PLEASE SIGN UP IN THE LIBRARY NO LATER THAN 2 DAYS PRIOR TO THE APPOINTMENT.  
SEE THE FRONT DESK IF YOU HAVE ANY QUESTIONS.

May 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
	<b>10-11 Safeway &amp; Bi-Mart Shopping*</b> 9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR 1:30 Shuffleboard-AL <b>2:30 Mary's Brain Class-AK</b> 6:30 Cribbage-AK	<b>Medical Transport Day*</b> 9:30 Morning Social Hour-AR Cider, Tea, Coffee, & Donuts 10:15 Writing/Poetry Group-AK <b>1:00 Ted's Mobility-LB*</b> 1:30 Billiards-BR 1:30 Tai Chi Class-CH <b>2:00 Pet Social-ALF Courtside</b> 6:00 Jackpot Bingo -AK*	<b>9:30 May Resident Meeting-AR</b> 10:00 Exercise Class #2-CH 10:30 Meditation Class -MR <b>11:00 Trip: County Cottage (Woodburn)</b> 2:30 Hand & Foot-AK 6:00 Pinochle -CR	<b>1-2 Walmart &amp; Walgreens Shopping*</b> 8:00 Woodburn Aquatic Center* 9:45 Blood Pressure Clinic-AR <b>10:00 Mahjongg Class-AK</b> 10:30 Tech Help-LB 1:30 Billiards-BR <b>2:00 Spanish Class-AK</b> 6:00 Mexican Train-AK	9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR 1:30 Shuffleboard-AL <b>2:00 Cinco de Mayo Party-AR</b> <b>3:00 Music: Cosecha Mestiza-AR</b> <b>3:00 Happy Hour-AR/BAR</b> 6:00 Friday Game Night -AK	9:00 Coffee Hour Social-AR 10:00 Pinochle-AK 2:30 Card Bingo-AR 6:00 Hand & Foot -CR
<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
9:00 Piano Hymns W/Helen-AR 10:00 Communion w/Gloria-MR <b>11:00 Church Service-AR</b> 1:30 Sunday Movie-TR <i>Showing: Chupa</i> 2023 PG13 1h38m 2:00 Mexican Train -AK	<b>10-11 Safeway &amp; Bi-Mart Shopping*</b> 9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR 1:30 Shuffleboard-AL <b>2:00 Lorna's Glass Class-AK</b> 6:30 Cribbage-AK	<b>Medical Transport Day*</b> 9:30 Morning Social Hour-AR Cider, Tea, Coffee, & Donuts 10:15 Writing/Poetry Group-AK 1:30 Billiards-BR 1:30 Tai Chi Class-CH <b>2:30 Prize Bingo-AR</b> 6:00 Jackpot Bingo -AK* <b>Fist Call Screening Balance In Room*</b>	9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class -MR <b>11:00 Trip: The Old Spaghetti Factory (Sherwood)</b> 2:30 Hand & Foot-AK 6:00 Pinochle -CR	<b>1-2 Walmart &amp; Walgreens Shopping*</b> 8:00 Woodburn Aquatic Center* 9:45 Blood Pressure Clinic-AR <b>10:00 Mahjongg Class-AK</b> 10:30 Tech Help-LB 1:30 Billiards-BR <b>2:00 Spanish Class-AK</b> 6:00 Mexican Train-AK	9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR 1:30 Shuffleboard-AL <b>3:00 Happy Hour-AR/BAR</b> 6:00 Friday Game Night -AK	9:00 Coffee Hour Social-AR 10:00 Pinochle-AK 2:30 Card Bingo-AR 6:00 Hand & Foot -CR
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
9:00 Piano Hymns W/Helen-AR 10:00 Communion w/Gloria MR <b>11:00 Church Service-AR</b> 1:30 Sunday Movie-TR <i>Showing: Mothers' Day</i> 2016 PG13 Romance/Comedy 1h58m 2:00 Mexican Train -AK	<b>10-11 Safeway &amp; Bi-Mart Shopping*</b> 9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR <b>1-2 Tami's Craft Class-AR*</b> 1:30 Shuffleboard-AL 6:30 Cribbage-AK	<b>Medical Transport Day*</b> 9:30 Morning Social Hour -AR Cider, Tea, Coffee, & Donuts. 10:15 Writing/Poetry Group-AK 1:30 Billiards-BR 1:30 Tai Chi Class-CH <b>3:00 Posey Pats Class-AK*</b> 6:00 Jackpot Bingo -AK*	9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class -MR <b>11:00 Trip: Sandee Thai Restaurant (Keizer)*</b> 2:30 Hand & Foot-AK 6:00 Pinochle -CR	<b>1-2 Walmart &amp; Walgreens Shopping*</b> 8:00 Woodburn Aquatic Center* 9:45 Blood Pressure Clinic-AR <b>10:00 Mahjongg Class-AK</b> 10:30 Tech Help-LB <b>11:00 Women's Luncheon-DR</b> 1:30 Billiards-BR <b>2:00 Spanish Class-AK</b> <b>3:00 Music: Mary Jazz-AR</b> 6:00 Mexican Train-AK	9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR 1:30 Shuffleboard-AL <b>3:00 Happy Hour-BAR/AR</b> <b>3:30 Spin The Wheel-AR</b> 6:00 Friday Game Night -AK	9:00 Coffee Hour Social-AR 10:00 Pinochle-AK 2:30 Card Bingo-AR <b>3:00 Trip: Woodburn United Methodist Church (Conchords Chorale -Spring Program)*</b> 6:00 Hand & Foot -CR
<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>
9:00 Piano Hymns W/Helen-AR 10:00 Communion w/Gloria MR <b>11:00 Church Service-AR</b> 1:30 Sunday Movie-TR <i>Showing: Samurai In The Oregon Sky</i> 2019 PG13 Documentary 48m 2:00 Mexican Train -AK	<b>10-11 Safeway &amp; Bi-Mart Shopping*</b> 9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR <b>1:00 Cindy Allen Acrylic Paint Class-AR</b> 1:30 Shuffleboard-AL 6:30 Cribbage-AK	<b>Medical Transport Day*</b> 9:30 Morning Social Hour-AR Cider, Tea, Coffee, & Donuts. 10:15 Writing/Poetry Group-AK 1:30 Billiards-BR 1:30 Tai Chi Class-CH 6:00 Jackpot Bingo-AK*	<b>9:00 Spirit Mountain Casino*</b> 9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class -MR 2:30 Hand & Foot-AK 6:00 Pinochle -CR	<b>1-2 Walmart &amp; Walgreens Shopping*</b> 8:00 Woodburn Aquatic Center* 9:45 Blood Pressure Clinic-AR <b>10:00 Mahjongg Class-AK</b> 10:30 Tech Help-LB 1:30 Billiards-BR <b>2:00 Spanish Class-AK</b> <b>3:00 Ted Talk-TR</b> 6:00 Mexican Train-AK	<b>9:00 Shred Hour-FD</b> 9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR 1:30 Shuffleboard-AL <b>3:00 Happy Hour-AR/BAR</b> 6:00 Friday Game Night -AK	9:00 Coffee Hour Social-AR 10:00 Pinochle-AK <b>11:00 Trip: Iris Bloom Season (Salem)*</b> 2:30 Card Bingo-AR 6:00 Hand & Foot -CR
<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>			
9:00 Piano Hymns W/Helen-AR <b>11:00 Church Service-AR</b> 1:30 Sunday Movie-TR <i>Showing: The Lost Husband</i> 2020 PG13 Romance/Drama 1h50m 2:00 Mexican Train -AK	<b>10-11 Safeway &amp; Bi-Mart Shopping*</b> 9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class-MR 1:30 Shuffleboard-AL <b>2:30 Mary's Brain Class-AK</b> 6:30 Cribbage-AK	<b>Medical Transport Day*</b> 9:30 Morning Social Hour-AR Cider, Tea, Coffee, & Donuts. 10:15 Writing/Poetry Group-AK 1:30 Billiards-BR 1:30 Tai Chi Class-CH 6:00 Jackpot Bingo-AK*	9:20 Exercise Class #1-CH 10:00 Exercise Class #2-CH 10:30 Meditation Class -MR <b>11:00 Trip: Route 99 (Brooks)</b> <b>2:00 Chef's Meeting -AR</b> 2:30 Hand & Foot-AK 6:00 Pinochle -CR			<b>Red - Noteworthy</b> <b>Blue - Music</b>  * Sign up required  <b>Trips are in Bold</b>